

All you need to do to book your place is visit **Our Events** page on the website.

www.aqnetworkingforbusiness.co.uk

Welcome to our MAY Newsletter. We hope you find the content both helpful and informative. Do you have a success story to tell? If you have a contribution to make please contact us to tell us about your news.

In this month's edition:

- AQ Networking - New synergies
- Screw Surviving - How to grow your business during the recession
- And the winner is

And The Winner is

The winner of the free website kindly donated by HotLizard was won by The Handy Trust, The Grove, St John's Street, Hythe, SOUTHAMPTON SO45 6BZ.

The draw took place on 7th May and the winners were put in direct contact with HotLizard to provide the website. We had entries from a number of very worthwhile charities, each of them doing great work in their local communities. We were just sorry that we couldn't help them all.

The Handy Trust was the first out of the hat and we truly hope that they will enjoy being on the web in the future and that it will assist them in providing support to their local community.

New Synergies



thebestofbournemouth

Our continued success in building synergistic relationships is demonstrated this month by our new association with:

TheBestof **Bournemouth** as they team up with AQ networking for business from June 2009

The organisations are working together to provide joint events that will be bigger and more beneficial to business people in the area.

TheBestof actively looks for the real gems in the local businesses, shops, restaurants and franchises; working with them to generate awareness of their products and services to each other and to the wider community.



Our very positive relationship with Debra Hood at the Regus Business Centre, Southampton International Business Park Centre, George Curl Way, Southampton SO18 2RZ sees AQ Networking bringing our events to Regus, starting with our June event. Why not come along and network there? The events we hold at Regus will be in the evening so that we can provide you with free parking and an opportunity to network with the businesses based at the centre.

thebestof presents 'Screw Surviving...' ... How To ENSURE That Your Business Expands and Grows During The RECESSION, and MAKE 2009 and 2010 Super-Prosperous years for you

Nigel Botterill, Founder and CEO of thebestof says:

The last thing I want to burn my breath on is talking about how to SURVIVE the recession. I have something much more interesting than survival planned for these Events. MUCH more interesting!

The ruthless 'survival of the fittest' in the business world has only just begun and things are changing – probably for ever. We all need practical help and input and guidance in times like these and that's what these unique Training Days will give you:

Practical, useful help, tips, ideas and insights – from one of the countries most successful entrepreneurs – someone who has been there and done it – and is doing it still. Guidance and inspiration that will equip you To ENSURE That Your Business Expands and Grows During the Recession, and MAKE 2009 and 2010 Super-Prosperous Years for you...

For more information visit www.thebestoftraining.co.uk

You can get £100 off the admission price to this event by quoting Code: 7631AQN when you book your place.

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